



Communication 101

An introduction to using the communication model in personal and business situations, and a deep discussion, with exercises, on building excellent relationships.

**Saturday, -- 9 to 5 -- cost: \$70.00
location:**

The Phoenix Centre continually emphasizes the importance of good communication. In this workshop, we'll examine the elements necessary to build good communication, practice what we talk about and discuss the impediments to communicating.

No matter what kind of relationship you're trying to build, the bedrock of a successful relationship is communication. Using clear descriptions, stories and exercises, we'll take you up a notch or two from your present effectiveness level. Come join us, and learn to say what you mean, and mean what you say.

To register for this or any of our workshops, call 1-519-669-8880 or 1-800-220-7749 or e-mail Wayne at wcallen@rogers.com